

## *Serenity Life Center*

Provides Individualized  
Drug & Alcohol Addiction  
Treatment along with Post  
Treatment Coaching

There are many  
circumstances where it  
makes sense to seek a  
controlled environment for  
addiction treatment but  
not in all cases.

People experiencing DUI's  
or business stresses often  
use drugs or alcohol to  
mask the issue and it may  
not be a permanent  
problem.

If you, an employee,  
friend, or loved on is in  
crisis, contact us today  
and learn why Serenity  
Life Center is the right  
choice for addiction  
treatment & coaching.

Serenity Life Center  
Serving all of Orange County, CA

## *Serenity Life Center*

Outpatient Addiction Treatment  
We Come to you.





Your new life can begin with just one call.

Call Today!!!

## Serenity Life Center

Executives or business professionals trapped in the grip of addictive behavior often have lives they cannot put on hold without disrupting a wider circle of events.

In addition to professionals, people of faith and more conservative values don't fit into the current addiction treatment environments, especially people in the first stages of their problems.

Serenity Life Center provides a unique treatment program that caters to people in these situations along with more serious cases that need long term counseling. We not only have counselors to help, but healthy chefs, Yoga instructors, Acupuncturists, Massage therapy, and more to provide a more rounded treatment.

Serenity Life Center is a unique Individualize Treatment Program.

We visit your office, home, church or a public place you feel comfortable and our staff can administer their services. We can even administer services over the phone. We Come To You!

Our treatment counselors have decades of experience working in the traditional healing and treatment industry and can administer these services at your home, office, or a public place of your choosing.

### Serenity Life Center

#### 3 Month Program Description

Serenity Life Center's Intensive Outpatient Program follows the guidelines of the California Department of Health Services standards for admission criteria, continued stay, treatment planning process, and documentation requirements.

Phase 1: Primary Phase provides a well-defined structure and intensive program based on 15 hours of contact each week; three hours per time set, Monday through Friday and at least one hour of individual counseling each week. (4 weeks)

Phase 2: Continued care is 3 days a week of your choice for 90 min. (4 weeks)

Phase 3: After care 1 day per week 1-hour session. (4 weeks)

All clients must be at least 18 years of age. The IOP program is based on the Living in Balance curriculum which stresses a bio-psycho-social approach to treating addiction.

We offer after treatment services

Life Coaching

Contact Us

Serenity Life Center

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[www.serenitylifecenter.com](http://www.serenitylifecenter.com)